

Las dosis de alérgenos varían según el estudio y el protocolo. La **dosis más alta tolerada** es la cantidad de alérgenos que se tolera sin reacciones adversas<sup>1</sup>. Un ejemplo de la dosis más alta tolerada podría ser el equivalente a 600 mg de proteína alergénica<sup>1</sup>.



Lista de referencias:

1. Castaño TB, Haselkorn T, Ciaccio CE, Sriaroon P, Chipps BE. Harmonization of terminology for tolerated and reactive dose in food allergy immunotherapy. *The Journal of Allergy and Clinical Immunology: In Practice*. 2019;7(2):389-392.
2. Grotzsch, M. et al. (2022) "Retail food equivalents for post-oral immunotherapy dosing in the omalizumab as monotherapy and as adjunct therapy to multi-allergen oral immunotherapy in food-allergic children and adults (outmatch) clinical trial," *The Journal of Allergy and Clinical Immunology: In Practice* [Preprint].
3. Zuberbier, T. et al. (2021) "Proposal of 0.5mg of protein/100g of processed food as threshold for voluntary declaration of food allergen traces in processed food—a first step in an initiative to better inform patients and avoid fatal allergic reactions: A galen position paper," *Allergy*, 77(6), pp. 1736–1750.