



Doses of allergens vary between studies and protocols. The **highest tolerated dose** is the amount of allergen that is tolerated without adverse reaction¹. An example of a highest tolerated dose could be 600mg allergen protein equivalent¹.

List of references:

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2. Groetch, M. et al. (2022) "Retail food equivalents for post-oral immunotherapy dosing in the omalizumab as monotherapy and as adjunct therapy to multi-allergen oral immunotherapy in food-allergic children and adults (outmatch) clinical trial." *The Journal of Allergy and Clinical Immunology: In Practice* [Preprint].
3. Zuberbier, T. et al. (2021) "Proposal of 0.5mg of protein/100g of processed food as threshold for voluntary declaration of food allergen traces in processed food—a first step in an initiative to better inform patients and avoid fatal allergic reactions: A ga⁴len position paper." *Allergy*, 77(6), pp. 1736–1750.

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